

Tackling the Blues

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What is Tackling the Blues?

- Launched in 2015
- A unique prevention and early intervention sport and arts-based mental health education programme working in the North West of England
- Working with over 3000 children
- Delivered in partnership between:
 - Edge Hill University
 - Tate Liverpool (art gallery)
 - Everton in the Community – the official charity of Everton Football Club.



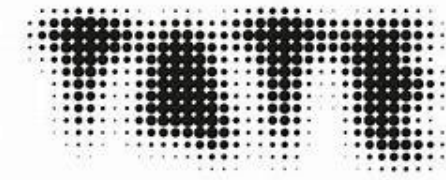
Everton in the Community

- Since 1988, Everton in the Community has been at the forefront of social intervention across Merseyside.
- Considered one of the Premier League's leading community schemes due to the quality and reach of its various programmes.
- 240+ dedicated full-time staff and 160+ volunteers, t
- offers more than 40 programmes covering a range of social issues including health, employability, anti-social behaviour, crime, education, dementia, poverty, youth engagement, youth justice and disability.
- Operating seven days a week, 365 days a year
- EitC supports the most vulnerable and underprivileged members of local communities
- aims to instil confidence in others by creating life-changing opportunities.



Tate Liverpool

- Tate's vision is to serve as artistically adventurous and culturally inclusive art museums for the UK and the world.
- This vision is delivered through activities in four Tate galleries across the UK, digital platforms and collaborations with national and international partners.
- Tate Liverpool is an international gallery, based in a regional centre
- Tate believes art is for everyone
- Tate Liverpool's innovative learning programme champions creative practice and with 60,000 direct participants each year.
- The gallery works in collaboration with other arts organisations, charities, educational institutions and businesses across the city to demonstrate the positive impact art and creativity can have on people's lives.



What do we do?

Our students, working with our partners:–

- work with 6-16-year-olds attending schools in the the top 50% most deprived areas in England,
- support children and adolescents who have been diagnosed with, or identified as at risk of developing, mental illness
- address the complex social determinants and inequalities associated with mental health and illness through engagement with sport and the arts.
- seek to improve mental health literacy among children and young people.
- co-produce, deliver and evaluate the programme with children and young people, and their schools.
- Use our research on the programme to academic research on the links between participation in sport and the arts and improved mental health and education among children and young people.





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The role of Edge Hill Students

3222 Students are able to:

- to undertake a paid Lead Mentor role,
- act as project volunteer (including for a credit bearing placement),
- help at events linked to the project
- engage in mental health and wellbeing training e.g. Mental Health First Aid



The impact on our students

- a personally transformative experience for students
- enhancing their likelihood of securing highly skilled work
- improving their graduate level employability skills and experiences
- supporting their wider health and wellbeing through a sense of belonging, community and their retention in the university
- participating students have progressed to graduate-level employment in:-

education (over 80%)
sport (66%)

Including teaching, mental health services, community sport, business management.





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Funding

- Over £1 million of funding received to date:-
- This has come from:-
- University regulator (Office for Students)
- Research England
- Premier League Charitable Foundation
- Edge Hill University
- Tate Liverpool
- Everton in the Community



Thank you for listening

Questions?

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